



**National Development Centre – British Columbia
2024 In Pool Training Schedule
Fall**

Location is UBC Aquatics (unless otherwise stated)

Saturday 21st September

6:15pm to 8:15pm: 16U Male and 18U Male

Saturday 28th September

9am to 12noon 14U Female and 14U Male

This session will occur during the UBC Fall Classic, and the start time may change to start to 10am. We are awaiting final confirmation from UBC Water Polo

Monday 30th September (Athlete Testing)

8am to 10am: 14U Female and Male

10am to 12noon: 16U Female and Male

12noon to 2:00pm: 18U Female and Male

Saturday 5th October

6:15pm to 8:15pm: 16U/18U Female

Saturday 12th October

6:15pm to 8:15pm: 16U/18U Male

Saturday 9th November

6:15pm to 8:15pm: 14U Female and Male

Monday 11th November (Athlete Testing)

8am to 10am: 14U Female and Male

10am to 12noon: 16U Female and Male

12noon to 2:00pm: 18U Female and Male

Saturday 16th November

6:15pm to 8:15pm: 16U/18U Female

Saturday 23rd November

6:15pm to 8:15pm: 16U/18U Male

Saturday 30th November

6:15pm to 8:15pm: 16U/18U Female

Saturday 7th December

6:15pm to 8:15pm: 14U Female and Male